



S.H.I.F.T.
SUPPORT AND HOPE
FOR INDIVIDUALS AND FAMILIES TODAY

Serving South Simcoe

Located at: 123 Victoria St. W., Alliston ON

Mail to: PO Box 662 Station Main, Alliston ON, L9R1V8

Phone. 705-435-7293 | Fax. 705-417-2390

Web. www.shiftforgood.ca

Meal Makers for S.H.I.F.T.

We thank you for your interest in supporting S.H.I.F.T.!

We are currently providing meals for an average of 15-20, people per night, through our dinner program. This program operates year-round and assists those who are unhoused and or low-income. Guests can join our space, enjoy a meal and socialize or grab a dinner to go.

We are currently utilizing an online sign-up form which can be found at <https://www.signupgenius.com/go/10C0848ACA82CA7F5CF8-meal#/>. Please view the sign-up instructions below should you need assistance or guidance on how to sign up. Please only deliver on the date that you have signed up for. If you need to drop off early or later (the day before) please contact Candace to make arrangements instead of using the sign-up form.

The drop-off location is 123 Victoria St. W. Alliston, Ontario. We have a side door (to the right of the house, up the pathway, please ring or knock loudly). Staff will be able to answer the door and accept your delicious meals.

We kindly ask that people not prepare food if they are feeling unwell and we encourage cooks to take the proper safety measures when preparing meals. We can provide gloves, masks and food containers should you be interested.

Some key information that we like to share is:

- We **do not** have a functional kitchen on-site and we are only able to use a crock pot and microwave to reheat and or cook, so meals must be fully cooked, please and thank you.
- Some past meal makers have brought meals in large tin foil pans for our staff to portion and others have brought meals individually packaged in containers. Whichever is easiest for you.
- We do not have any meal restrictions as we will make the accommodation for special diets on our end so no need to worry about extra or special meals.
- Our staff is on-site 24/7 but we like to have meals dropped off by 4:30 pm so that staff has time to portion, heat, or serve for our 5 pm dinner time.
- There is a meal form that we ask to be filled out with your name, date, ingredients or known allergens so that we can accommodate dietary restrictions on our end. We kindly ask that one form be filled out for each meal delivery.
- Personal pots, pans, crock pots and utensils would need to be collected as soon as possible due to limited space. Some weekly meal makers will swap out their supplies each drop-off but when meal makers are coming once a month space gets a bit tricky as we have a very small area to work with for the storage of containers.

I am available by phone at 705-970-7149 should you require any further information.

Candace Gordon

Development Officer

C :705.970.7149 | T: 705.435.7293 | F: 705-417-2390

Candace.Gordon@shiftforgood.ca

Moving forward together, making a SHIFT for good!

Charitable Registration # 78448 3737 RR0001



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Sign-up Instructions

Please head to <https://www.signupgenius.com/go/10C0848ACA82CA7F5CF8-meal#/> to sign up. You can search for a sign-up using the magnifying glass and typing in the email address info@shiftforgood.ca.

To sign up there is **NO** registration required. You can click the link above or search for our sign-up manually at www.signupgenius.com.

The steps are as follows:

1. Scroll down to find a date you would like to sign up for
2. Click the sign-up button beside the dinner or sandwich option you want, or multiple dates if preferred.
3. Click save and continue at the bottom of your screen
4. Type in the name of the meal being made in the comments (example: Lasagna, spaghetti, beef stew, etc.)
5. Enter your first name and last initial or your group name
6. Enter an email address for the reminders and updates

And voila! Complete!

I have included images below on step-by-step instructions should that be of any help as well but I have included the PDF version via email with this document as well.

As always, I can be reached at 705-970-7149 with any questions.

Candace Gordon

Development Officer

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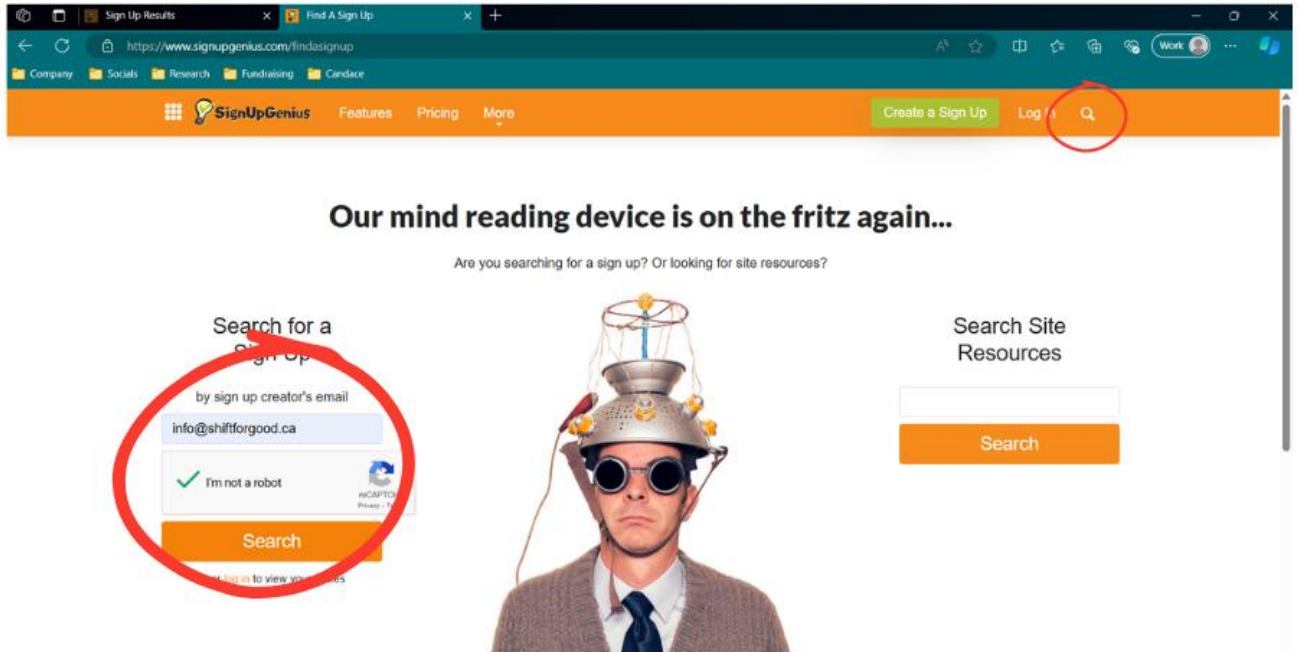
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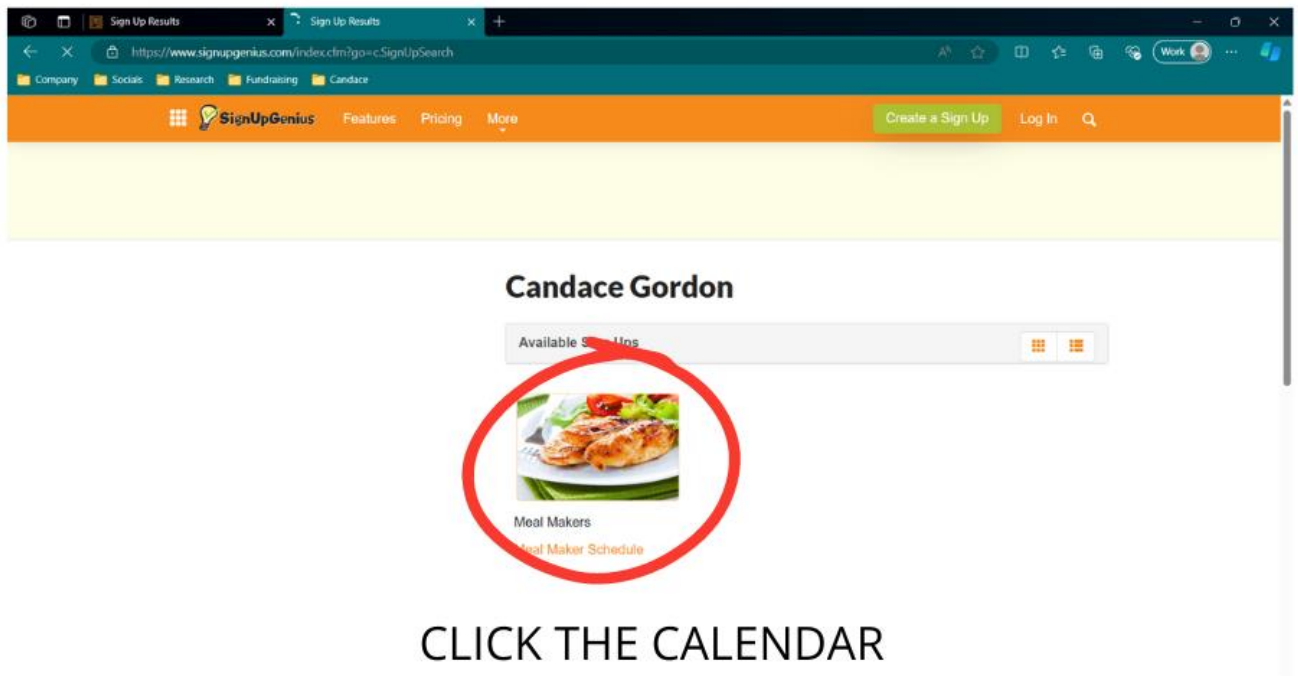
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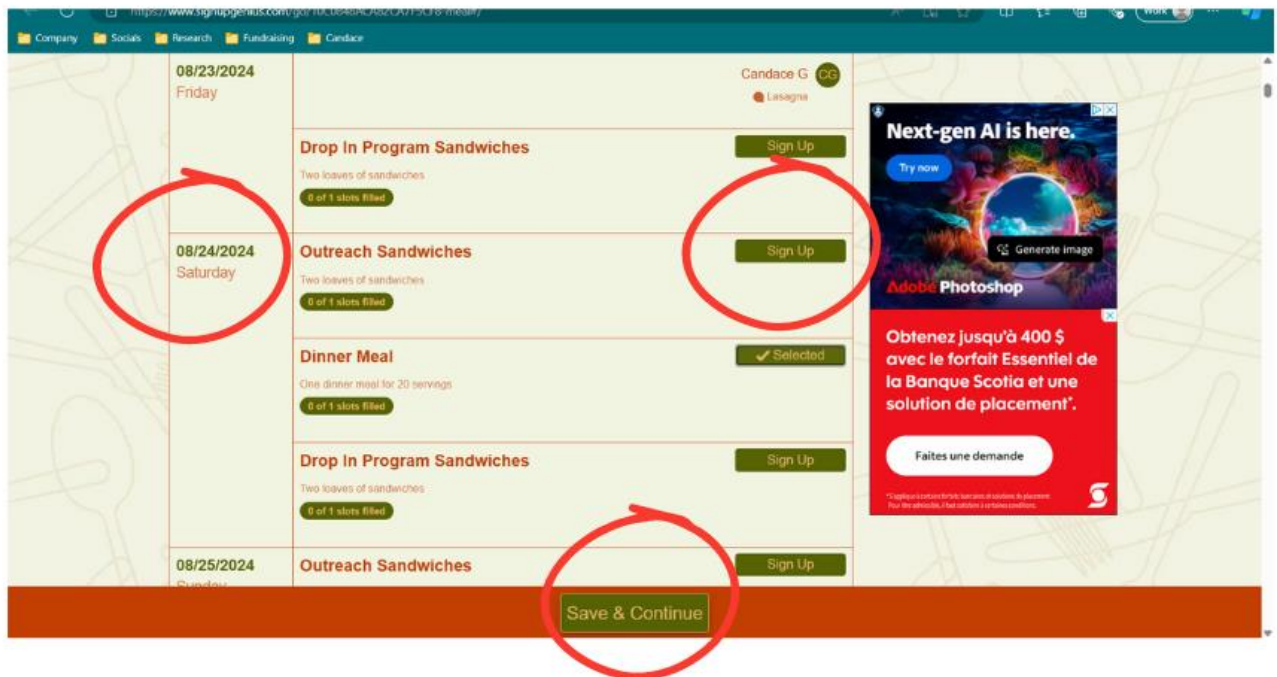
CLICK THE SEARCH AND PUT IN THE SHIFT EMAIL TO SEARCH



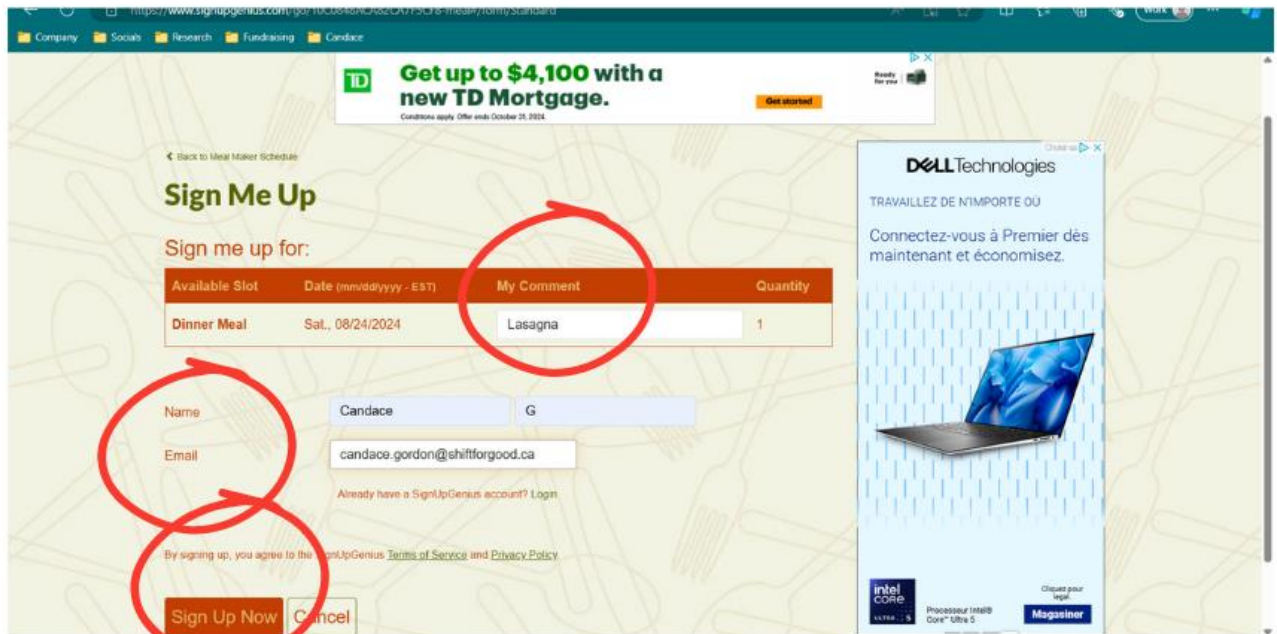
CLICK THE CALENDAR

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FIND YOUR DATE, CLICK SIGN UP, CLICK SAVE AND CONTINUE



ENTER MEAL, YOUR NAME AND EMAIL



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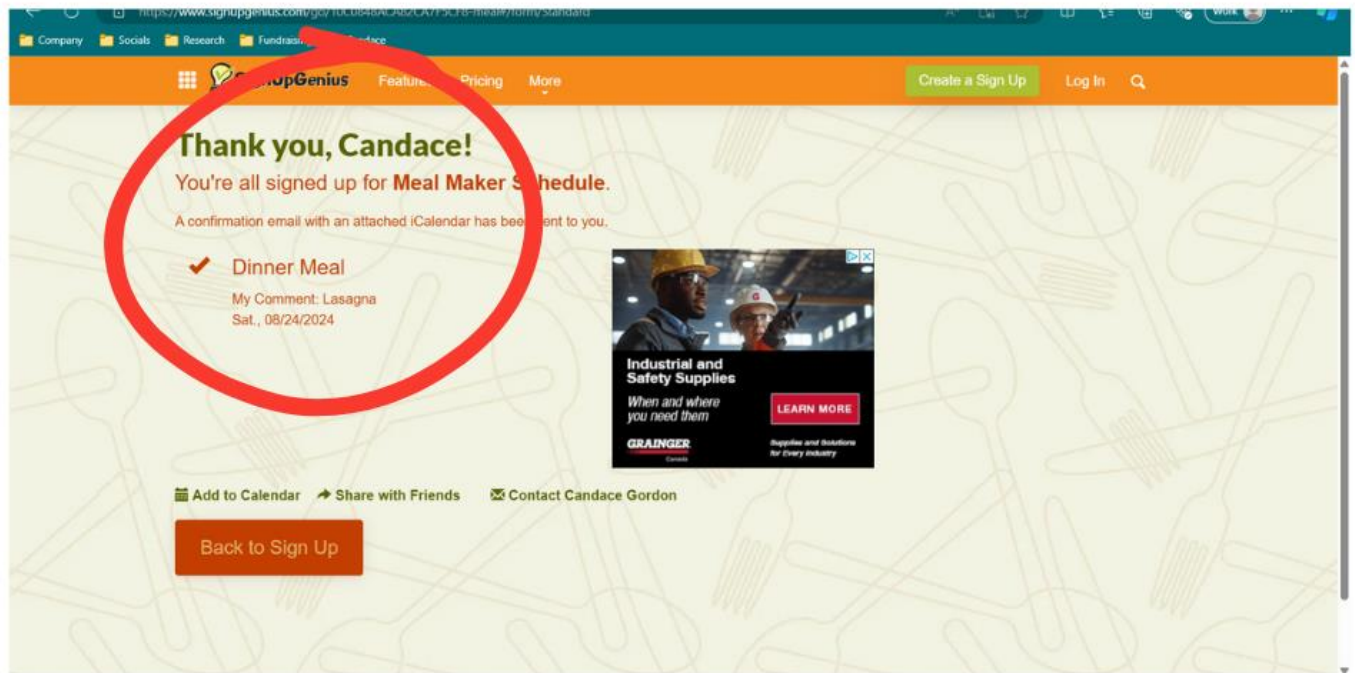
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ALL DONE

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